



CELORA™

VITA

POST-TREATMENT CARE CARD

Your Celora™ Vita treatment is designed to support skin biorestoration and quality over time.

Following these aftercare steps will help optimise your results and reduce the risk of side effects.

WHAT TO EXPECT

- Mild redness, swelling or small bumps at the injection sites are normal and usually settle within 24–72 hours
- Skin may feel slightly tight or tender for a short period
- Improvements in skin quality develop gradually over the following weeks as the skin's natural regenerative processes are supported
- Optimal results are typically seen as your treatment course progresses

AFTERCARE

For the first 12–24 hours

- Do not touch, rub or massage the treated areas
- Avoid applying makeup
- Avoid strenuous exercise and alcohol
- Maintain good hydration by drinking plenty of water

For the next 3-5 days

- Avoid heat and sun exposure, including saunas, steam rooms, sunbeds and direct sunlight

SUN PROTECTION

- Apply SPF 50+ daily to protect your skin and maintain treatment outcomes

If you experience increasing pain, persistent swelling, or anything that concerns you, please contact your treating practitioner.



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